HEALTHY FAMILIES
HEALTHY FUTURES

Join the Fruit & Vegetable Prescription Program!
Receive $1 a day per family member to buy produce

“Instead of choosing soda, candy or chips, my daughters choose bananas, apples or oranges when they go to the store!” - FVRx Family

AM I ELIGIBLE?
• Families with children ages 3 to 6 years old
• Women who are pregnant or gave birth in the last 3 years
• All income levels welcome
• Must be a Navajo Nation resident
• Program does not interfere with current food benefits

Call today! Phone #:___________________________

Food Demos • Family Activities • Vouchers

Made possible with funding from the Centers for Disease Control and Prevention